EVENT DETAILS

- **May 14, 2011 at 9:00 AM**
- Race-day registration and sign-in is open from 7:00 AM to 8:45 AM.
- All registrants will be entered to win post-race door prizes.
- $15 registration fee, before April 25, 2010 will guarantee a long sleeve race shirt.
- $18 registration fee, after April 25, 2010. We cannot guaranteed a race shirt for late registrants.

KID'S FUN RUN

The Kid's Fun Run will take place after the run/walk. All children must register to participate. However, there is no fee for participation. Children can purchase a long-sleeve race shirt for $10 if registered by April 22, 2011.

COURSE DESCRIPTION

The run/walk will start and finish at Water Tower Square. The course is a flat course with a turn-around at the half-way point for the 5K and 10K. Water stations are available at the 1.5 mile, 3 mile and 4.5 mile markers.

DRIVING DIRECTIONS

Take the Faxon Exit off of I-180 and follow the signs to Commerce Park Drive.

AWARDS

Each event will be officially timed and medals will be awarded to the top three male and female finishers in each of the age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+.

FOR QUESTIONS, CALL:

Julie Pentico at 570-337-2548
OR email at maydayrace@comcast.net

Printing Courtesy of:
The Print Shoppe

2011 May Day Run/Walk 5K/10K and Kid's Fun Run Registration Form

Name _____ Age _____ Circle One: 10K Run 5K Run 5K Walk Kid's Run

Address _____

Phone _____ Email address _____

Division *	Circle M or F	
☐ 14 and under	M	F
☐ 15-19	M	F
☐ 20-29	M	F
☐ 30-39	M	F
☐ 40-49	M	F
☐ 50-59	M	F
☐ 60+	M	F

* age categories will be split if registration is enough

REGISTRATION:

Make Checks Payable to
May Day Run/Walk

Send entries to: Lisa Lytle
2012 Greenview Road
Montoursville, PA 17754

$15 for run/walk
$18 after April 22
$10 for kid's run

no refunds

Adult T-shirt Size: S or M or L or XL (Circle one)

Child T-shirt Size: S or M or L

How did you learn about the May Day Run/Walk?
(Circle One)

Participated in the past Race Flyer Billboards

Other _____

Williamsport 2011 Race Series

Please check if you intend to participate: ___

May Day 10K Run May 14, 2011
Proceeds benefit American Cancer Society
Run for Heart 5K September 5, 2011
Proceeds benefit SHS Heart Center
Frostbite 5-miler December 2011
Proceeds benefit the Special Olympics

Prizes will be awarded to the top male and female finishers who participate in the race series.

RELEASE AND ACKNOWLEDGEMENT OF MAY DAY RUN/WALK AND KID'S FUN RUN

In consideration of the acceptance of my entry, and intending to be legally bound, I hereby, for myself, my heirs, my executors and administrators, do waive, release, and discharge all rights and claims which I may have, or which my hereafter accrue to me, against Team Cure Seekers, Team Friends, the American Cancer Society, Loyal sock Township, its Recreation Board, all named and unnamed sponsors and volunteers, while traveling to and from the event, participating in the event, using any and all the facilities, for any and all injuries suffered by me in this event. I understand that my part in this event can result in injury to myself and my property. I hereby attest and affirm that I am medically able, equipped and properly trained for this event.

Signed: _____ Date: _____

Signed: _____ Date: _____
(Parental Signature necessary if under 18)